

## Pre-Treatment Instructions for Patients/Clients

### Before Your First Treatment

1. Do not use any topical or oral acne medications for 6 weeks prior to your treatment program. Some medications which are photo sensitizing may react negatively to intense pulse light therapy. Disclose any and all medications, prescriptions or over the counter, on your medical history form.
2. As part of the Intense Pulse Light Therapy program, before the beginning of your first treatment, a spot test will be performed to determine the correct power level for you based on your skin type and other factors both environmental and genetic.

### Before Follow-Up Treatments

1. Do not use any topical or oral acne medications during your treatment program.
2. Disclose any new medications you begin using during your treatment program.
3. Treatments cannot be performed on areas with a suntan or sunburn. Avoid Direct exposure to the sun, tanning beds or self-tanning products for 4 weeks prior to a treatment program. If you will have any sun exposure prior to treatment, a broad-spectrum sunscreen of SPF 30 should be applied to any treatment area exposed to the sun.
4. You must also agree to disclose the fact that you were exposed to the sun before or after a treatment.